

Looking at a young female doctor who is teaching him

What is the ruling on looking at a young woman who is teaching us in the university, who makes some movements that are inappropriate?.

Praise be to Allaah.

It is haraam to look at a non-mahram woman deliberately, because Allaah says (interpretation of the meaning):

“ Tell the believing men to lower their gaze (from looking at forbidden things) ”

[al-Noor 24:30]

And Allaah is the Source of strength.